

Daily Bulletin: December 15, 2022

B-Day

7:30 - 8:25 Zero Period
8:30 - 10:25 Period 4
10:25 - 10:35 Nutrition
10:40 - 12:45 Period 5
12:45 - 1:15 Lunch
1:20 - 3:15 Period 6



Wellness Week (Wed., 12/14 - Mon., 12/19)

Thursday, December 15th

"Donut" Stress in Senior Park at Nutrition

Friday, December 16th

Therapy Dogs at Nutrition and through 2nd Period
(Classes sign up individually)

Monday, December 19th

Sensory Items Goodie Bags at Nutrition

Swim Team Tryout Sign-Ups

Interested in joining the PV High Swim Team? Please go to the Student Store and sign-up on the Swim Team Interest Finder. You will be contacted by email about the tryout date in December.

Previous club swim experience is recommended.

Yearbook Price Increases Soon

Act fast, before the price goes up!

Hold on to what makes this year amazing and be sure your student gets their yearbook. **Order before Friday, December 31, 2022, to save \$25.00.**

[ORDER TODAY!](#)

Seniors: Herff Jones in Senior Park

Herff Jones will be in Senior Park during lunch on the following dates for cap & gown orders as well as graduation announcements, lettermen jackets, and class ring orders.

Date: January 25th.

Counseling Office Updates

Seniors: As your admission decisions come in, don't forget to come into the Counseling Office and tell us your news. Also, be sure you are updating SchoolLinks with your admissions outcomes and decisions!

We will provide an update soon with how to order your mid-year transcript for schools asking for those. They are not available to be ordered and sent until after we return from winter break and semester 1 final grades are posted.

SoCal ROC Spring Semester Classes

SoCal ROC Spring semester enrollment has begun! Earn high school elective credits while learning valuable skills that prepare you for college and/or an entry-level career. Courses are after school and FREE for high school students. FREE bus transportation is also available to and from our center for all PVPUSD students enrolled in our 1:15pm and 4:15pm classes. Your SoCal ROC career guidance specialist is available to answer any questions in the counseling office every Tuesday during 2nd/5th period. Add your name to the sign-up sheet in the counseling office to meet with her ASAP!

Science Fair Judges Needed for the Palos Verdes Peninsula Science and Engineering Fair (PVPSEF)

The 2023 PVPSEF will be held on February 2, 2023, at Los Verdes Golf Club. Judging occurs during the morning hours (8:00am-12:30pm). Breakfast and lunch will be provided for all judges. Please fill out the following Judge Sign Up Form and spread the word. This is an amazing way to discuss science with our high school researchers and celebrate the amazing research that is being done in their respective fields.

<https://forms.gle/6tShEae3R6Lu2h7M6>

Please contact Becky Egan at eganr@pvpusd.net with questions and share this sign-up form with others who may have an interest in judging.

Thank you for your support of our students. Happy Holidays!

College & Career Center Updates

OUTSIDE OPPORTUNITIES

YOUNG ENTREPRENEURS ACADEMY (YEA) sponsored by the Palos Verdes Peninsula Chamber of Commerce will host an informational meeting this Wednesday, December 14, at lunchtime in the College and Career Center, Room 318. This is an innovative and exciting after school program that transforms local middle and high school students into real, confident entrepreneurs. By learning entrepreneurial skills before they exit high school, the students develop not only the business and social skills so often attributed to entrepreneurship, but the mindset that will help them achieve success with, and bring innovation to, all their future endeavors.

LOS SERENOS DE POINT VICENTE JUNIOR DOCENTS PROGRAM is open to local high school students. The program is designed to complement the existing educational and support activities including museum tours, hikes support, whale wagon duty and special event participation. Junior Docent Training is now open for new applications.

If you are interested in becoming a Junior Docent, please click [HERE](#) for a more detailed description of the Junior Docent responsibilities; please click [HERE](#) for an application form in a PDF format. Please click [HERE](#) for complete instructions pertaining to completing this form.

Applications are due December 18th.

SCHOLARSHIP OPPORTUNITIES and DEADLINES:

Please make note of the following DEADLINES noted in RED.

Most of the scholarships listed here are for our seniors. Click on the name of the scholarship for further information and to apply. Other scholarship opportunities can be found [HERE](#).

DECEMBER 15 - BURGER KING SCHOLARS PROGRAM (Varies) – Offers a General High School Senior Scholarship for high school seniors who are U.S. residents; have a cumulative GPA of 2.0 or higher; plan to enroll at a two- or four-year college, university, or vocational-technical school AND, the James W. McLamore WHOPPER™ Scholarship to those with a cumulative GPA of at least 3.5; demonstrate active leadership role in community service, athletics, and/or similar co-curricular activity; **demonstrate substantial work experience and financial need**. Only the first 50,000 submitted will be processed.

DECEMBER 16 – EQUITABLE EXCELLENCE SCHOLARSHIP (\$2,500, \$5,000/yr. for 4 yrs.) – seniors only; recognizes those who have achieved an extraordinary community service accomplishment; criteria also include academic achievement, leadership, participation in school/community activities and/or the workplace. **Financial need will be required.** APPLY EARLY, only the first 10,000 applications will be accepted.

DECEMBER 31 - AYSO JEFF RICKEL MEMORIAL SCHOLARSHIP (\$2,000) - awarded to a college-bound senior who has played soccer in and given volunteer service to the American Youth Soccer Organization (AYSO), Region 10. Applicant must demonstrate an understanding of the importance of good sportsmanship.

JANUARY 5 - GE REAGAN FOUNDATION SCHOLARSHIP (up to \$40,000) – for seniors only who demonstrate at school, at the workplace, and within the community the attributes of leadership, drive, integrity, and citizenship; demonstrate strong academic performance; be citizens of the United States.

FEBRUARY 7 - ELK'S LEGACY AWARD (\$4,000) – seniors only; any child/grandchild of a living Elk who joined the order on or before April 1, 2020, is eligible to apply. Candidates who qualify are judged on knowledge, charity, community service, and integrity

FEBRUARY 23 - COOLIDGE SCHOLARSHIP (full-ride for college) – **JUNIORS ONLY** who plan to enroll in college in the fall 2024. It can be used by recipients at any accredited U.S. college or university. The main criterion is academic merit. Additionally, it seeks those who are interested in public policy; demonstrate an awareness of the values of President Coolidge; display a sense of service and care for the well-being of others.

FEBRUARY 23 – MARY P. WYATT SCHOLARSHIP (\$877) – PVHS seniors only; min 3.0 GPA; demonstrates financial need; actively helps others.

MARCH 1 – SONS OF ITALY SCHOLARSHIP (\$500 - \$5,000) – seniors only; must be wholly or partially of Italian Descent; selection based on scholastic record, activities evidencing leadership, financial need, written personal goals statement, essay of Italian Origin, and letters of recommendation.

City of Rancho Palos Verdes Internship Program

The program was designed to attract, develop, and mentor students interested in pursuing a career in local government; while the program's goals allow students to apply, evaluate, test, and integrate academic knowledge and theoretical concepts in a work setting.

To learn more about the internship program, you can use this link: <https://agency.governmentjobs.com/rpvca/default.cfm?action=jobbulletin&JobID=3803161>

We look forward to welcoming up to eight (8) interns to the City. Internships will be available in City Administration, Community Development, and Recreation & Parks.

PTAs STRAW BALLOT FOR 2023-24 EXECUTIVE BOARD

The PV High PTSA Nominating committee needs/wants your suggestions for next year's officers. [Please make your nominations by filling in and submitting](#)

[this form](#) by **January 9, 2023**. Self-nominations welcome and you may fill out more than one straw ballot!

Nominations are anonymous unless you fill in your name and/or email address (optional).

Questions? Contact PH PTSA Parliamentarian Laura Lee at ptalauralee@gmail.com

PLEASE LIST ONE OR MORE NAMES ON EACH LINE. If the individual(s) you nominate have expressed an interest in the position, it would be very helpful if you would indicate that in the comments.

Holiday Wellness Information

Our youth wellness partner, [South Bay Families Connected](#), invites you to connect with their free and accessible online parent and guardian resources to help provide you and your children with self-care and greater connection this holiday season. Below are resources featured for the holiday season:

- New Blog: [Unplug and Reconnect This Holiday Break](#) - Holiday activities in the South Bay
- [Mindful Parenting](#)
- [Empathy and Compassion](#)
- [Social Skills and Connection](#)
- [Healthy Relationships](#)

For resources created for teens, visit the [SBFC Virtual Teen Center](#) where a wide variety of mental health and wellness topics are covered. To see more youth wellness resources provided by PVPUSD and SBFC, please visit [PVPUSD Families Connected](#).

COVID Positive Reporting Form

To streamline communication for COVID case reporting, we are asking families to fill out the form below if their students test positive for COVID. This will also be a way for us to respond much more efficiently and effectively to our students and families. Please click the linked form below to notify us of your PVHS student's positive results.

[PVHS COVID Reporting Form](#)

A PVHS administrator will be in touch with the family regarding the next steps after completing the form.

PTSA News and Important Info

PTSA would like to extend a warm welcome to all Sea King families!

[Click here to join!](#)

Attend monthly meetings on the 4th Tuesday of each month at 9am in the MPR to hear from Dr. Ramirez, PVPUSD Superintendent Dr. Alex Cherniss, PVPUSD School Board Members and others on campus!

To provide feedback, please submit your questions/issues/suggestions [here](#).

SPSA 2022-2023 School Year

Our School Plan for Student Achievement has been approved by the School Board on 11/29/2022. [Here is a copy of the SPSA for your viewing](#)



PVHS Winter Orchestra Concert

Friday, December 16th
7 pm
PVHS MPR

General Admission \$10
Students \$5

Medical Kit Drive!

WHAT TO PUT IN THE KIT:

- 1 Gauze pads*
- 1 Medical tape*
- 1 Band-aids*
- 1 Alcohol pads*
- 1 Antibiotic cream*

Collecting kits from December 12-16!

Please put everything in a ziploc bag
and drop them off in room 307

Earn 1 hour per kit (up to 5 kits)!

Gift giving the Sea King way ...

Celebrate the Holidays with Sea King Spirit Wear ON SALE 12-16 DECEMBER!



Monday 12 December ~ **20% off blankets!**



Tuesday 13 December ~ **50% off tee shirts!**



Wednesday 14 December ~ **30% off flannels!**



Thursday 15 December ~ **20% off sweats!**



Friday 16 December ~ **50% off hoodies!**

Shop sale merchandise and more by clicking the link below!

And remember all proceeds support your PVHS Sea Kings!

<https://www.memberplanet.com/s/pvhigh/2022-23pvhighspiritwear>



Malaga Cove Book Sale

Friday, December 16th



Saturday, December 17th
10:00 AM to 5:00 PM



~Fresh Inventory~
Gift Certificates
Childrens Books
Books Sets

20% OFF for PVPUSD Staff!

PVLD/FRIENDS IS NOT RELATED TO, SPONSORED BY OR ENDORSED BY
THE PALOS VERDES PENINSULA UNIFIED SCHOOL DISTRICT



★ PVHS Veterans ★

★ Club Meeting ★

January 10 @ lunch

Lunch provided



PALOS VERDES PENINSULA
UNIFIED SCHOOL DISTRICT

PARENT CONSULTS AND SUPPORT

Parenting can be very rewarding, but it can also be challenging at times.

Do you have parenting questions?
Would you like a consult from one of our
SAGE Therapists, specifically to help your student?

PVPUSD aims to support not just our students, but our families and caretakers in embodying a "whole child" approach by providing consults in order to improve the educational experience of students.

Please contact one of our therapists below:




LIZ SCHOEBEN, MFT

Executive Director
650-799-5266
lizschoeben@sagesocal.org



KATHI COLLI, MFT

Clinical Director
424-262-0896
kathicolli@sagesocal.org

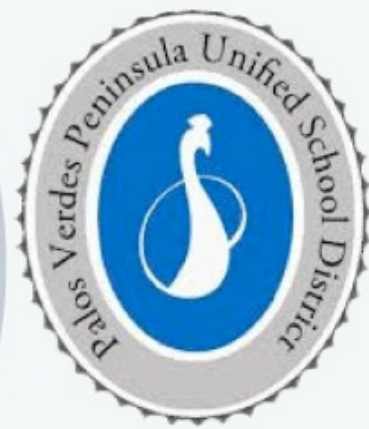
 [PVPUSD Social Emotional Supports](#)



LAHC
LOS ANGELES
HARBOR COLLEGE

DUAL ENROLLMENT Certificate Pathways WEBINAR

Join us to learn how students can earn both high school and transferrable college credits and a certificate through our PVPUSD x LA Harbor College partnership starting in Fall 2023



**Presenters: LA Harbor College-
Mr. Juan Baez, Acting VP of
Academic Affairs, Ms. Anna
Salazar, Dean of Student Affairs,
Dr. Lorrie Kato, Division Chair of
Humanities & Fine Arts/
Psychology/Business, and
PVPUSD Staff**



Culinary Arts

Food preparation,
elements of
cooking, dining
room and baking

9th grade +



Data Analytics

Applied statistics,
research methods,
data visualization,
critical thinking &
communications

11th & 12th grade



Business

Intro to business,
data visualization,
social media
marketing and
business law

11th & 12th grade

[Click to watch the WEBINAR](#) [Click for PowerPoint Document](#)

For questions, please contact Dr. Alice Lee, Director of
Secondary Education at leea@pvpusd.net



ASSISTEENS[®]

TRANSFORMING LIVES AND
STRENGTHENING COMMUNITIES

Invites you to our Get Acquainted Social

Saturday, January 28, 2023 11:30am - 1:30pm

**A volunteer organization for young ladies and men
who will be rising 7th-11th graders in 2023-2024**

BECOME PART OF A TRADITION

SERVING THE SOUTH BAY SINCE 1936

**ASSITEENS IS A CERTIFYING ORGANIZATION FOR THE
PRESIDENTIAL SERVICE AWARD. OUR MEMBERS WORK
TOGETHER TO FOSTER A SENSE OF PERSONAL AND
COMMUNITY RESPONSIBILITY WHILE DEVELOPING POISE,
SELF-RELIANCE, PUBLIC SPEAKING, AND LEADERSHIP
SKILLS THROUGH PHILANTHROPIC ENDEAVORS.**

RSVP by 1/24/23 to

AssisteensMemberships@gmail.com

**Assistance League Chapter House
1441 West 8th St., San Pedro**

Assisteens is not related to, endorsed by, or sponsored by the
Palos Verdes Peninsula Unified School District



Rock the Boat

grad nite 2023

Enjoy your last night together as a class, by celebrating graduation aboard a luxury yacht!
Enjoy dinner, DJ, dancing, and much more!

Date: Thursday, June 8th

Destination: FantaSea Yachts, Marina del Rey

Check-in: 7:00 pm (Immediately after graduation concludes)

Return: 12:30 -1:00 a.m.

Cost: \$250 per graduate (deadline April 7,2023)


Price includes: transportation, venue, dinner, snacks, activities and entertainment.

THIS EVENT is NOT sponsored by PVHS and money will NOT be collected by PVHS.

Please contact Margaret Trester with questions:

mrsyz@aol.com 310-502-8610

Venmo @ Margaret-Trester





PALOS VERDES PENINSULA
UNIFIED SCHOOL DISTRICT

FALL 2022 PARENT EDUCATION SERIES

Save the Dates:

Tuesdays at 6pm



November 1, 2022

***"Boundaries - Not
Bubble Wrap"***

**Daniel Patterson,
Patterson
Perspective**



December 6, 2022

***"Opioid Addiction
and Fentanyl"***

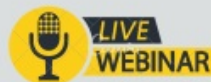
**Dr. Moe Gelbart and
Dr. Donnie Watson,
Thelma McMillan
Recovery Center**

kinecta 
banking done different

December 13, 2022

***"Raising Financially
Aware Kids"***

**Kinecta Federal
Credit Union**



Click **HERE** to watch

Click **HERE** to watch

Click **HERE** to register
for this webinar



Curricular and Instructional Monthly Webinars

New this year, the PVPUSD Educational Services Division will be hosting a series of monthly webinars on curricular and instructional practices. The purpose of the webinars is to share the wonderful things that the District and school sites are doing. The webinars will be hosted by the Educational Services staff and teachers to co-present on their content area.

Please join us to learn more about a different subject each month. The webinars are planned as follows:

- October 13, 2022 - Writing - [RECORDING](#)
- November 17, 2022 - Science [RECORDING](#)
- December 15, 2022 - New Semester High School Electives: Ethnic Studies and Student Wellness
- January 19, 2023 - Social Studies
- February 16, 2023 - World Language
- March 16, 2023 - Math
- April 20, 2023 - English Language Arts

[TO REGISTER FOR DECEMBER'S WEBINAR, PLEASE CLICK HERE](#)

The webinars will be recorded so they may be watched after the event, and may be found on the PVPUSD Educational Services website.

We look forward to sharing with you!



ATTENDANCE PROCEDURES

Parents / guardians should notify the Attendance Office within 72 hours to clear a student's absence. The office message machine can be reached 24 hours a

day at 310-378-8471 OR you may contact our attendance clerk directly by phone or email:

Lisa Kastelan: 310-378-8471 x43202 kastelan@pvpusd.net

Palos Verdes High School | [Website](#)



Palos Verdes High School | 600 Cloyden Road, Palos Verdes Estates, CA 90274

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